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Morning blaze

Moose Jaw woman rescued from house fire dies in hospital

A 48-year-old woman has died following a house fire Monday morning in Moose Jaw.

Emergency vehicles were called at approximately 5 a.m. to the 200 block of River St. East where smoke was seen coming out of the residence. Fire fighters removed the lone female occupant from the burning house and she was transported to Moose Jaw Union Hospital where she died from her injuries.

Police are still investigating the cause of the fire.

METRO

White City

Bomb scare at elementary school disrupts classes

It was a tense Monday morning at White City Elementary School.

Police and school officials were made aware of a bomb threat to the school and evacuated approximately 706 students as well as staff to a nearby community centre and skating rink.

"A child disclosed to a parent today the contents of an online chat from last night," said Cpl. Rob King of the RCMP. "This resulted in some concerns about there possibly being an explosive device here in the school."

The RCMP were contacted by the concerned parent at 8:15 a.m. At around the same time students at the school also informed staff of the threat.

On scene during the evacuation were members of the Regina detachment of the RCMP, including police-dog services and an explosive-disposal unit, as well as the local fire department.

At approximately 1:30 p.m. the school was cleared of any threat and students returned to class.

White City is approximately 17 kilometres east of Regina.

METRO

Online

For more local news, go to metronews.ca



Federation of Saskatchewan Indian Nations interim chief Bobby Cameron speaks to the FSIN legislative assembly in October 2011. CONTRIBUTED

First Nations want final say in act changes

Not satisfied. Tory MP Rob Clarke, who introduced the bill to amend the Indian Act, calls the law 'racist'

BRIAN MOSKOWITZ
saskatoon@metronews.ca

A northern Saskatchewan MP has dismissed claims that he is attempting to scrap sections of the Indian Act without having consulted with First Nations leaders for their input.

"I've contacted 633 First Nations from coast to coast, on four different occasions, asking for their input and their sug-

gestions," said Rob Clarke, Conservative MP for the Desnethé-Missinippi-Churchill River riding in a telephone interview from his Ottawa office.

Clarke — who has called the Indian Act "racist" — described the private member's bill he introduced in parliament last week to amend the Indian Act as the beginning of a legislative process, which has the potential to be directed by First Nations themselves.

But the Federation of Saskatchewan Indian Nations isn't satisfied with the level of consultation granted to First Nations.

"The consultation process is about actually sitting down at the negotiating table and putting our words into the amend-



Conservative MP Rob Clarke

CONTRIBUTED

ments," said FSIN interim chief Bobby Cameron.

The FSIN called the proposed bill a "red herring" that it says the government is using to draw the public's attention away from issues like housing and resource-revenue sharing.

"This is my bill," said Clarke, a member of the Muskeg Lake First Nation.

Clarke added that as a conservative MP he's "on the government's side" but that his interest in eventually replacing the Indian Act goes back to 2008, when he was elected.

The omnibus bill introduced by Finance Minister Joe Flaherty last week contained amendments to the Indian Act, but Clarke said he is unaware of the exact nature of the proposed amendments.

WITH FILE FROM THE CANADIAN PRESS

Revision. Farmers raise concern over changes to Canada Grain Act

A western farm group is raising the alarm about proposed changes to The Canada Grain Act.

The Canadian Wheat Board Alliance says the Harper government wants to remove mandatory inward inspections at grain terminals.

Bill Gehl, a grain farmer outside of Regina, says changes to the Grain Act means contaminated grain may not be caught until it arrives at a customer's unloading facility.

He says that could lead to the same impact on the grain sector as the recent

XL Foods E. coli beef recall has had on the beef industry.

Proposed changes to the Grain Act are included in the Conservative government's omnibus budget bill introduced last week in Parliament.

THE CANADIAN PRESS



Farmers are warning changes to the Canada Grain Act could be dangerous. SEAN GALLUP/GETTY

Search for Remai Art Gallery CEO goes international

Candidates. Pool already growing



MORGAN MODJESKI
morgan.modjeski@metronews.ca

The search for the next chief executive officer of the Mendel Art Gallery and the future Remai Art Gallery of Saskatchewan is getting national and international interest.

A recent call for applications for the position has been posted locally, nationally and internationally and Jason Aebig, board chair of the Remai Art Gallery of Saskatchewan said they have had a number of candidates already apply.

"We've had very strong interest," said Aebig. "It's been very, very encouraging."

He continued, "The candidates who have applied to us are on a real spectrum of qualifications and competencies, so we're taking the time to sift through those applications ... I'm fairly confident that we'll have our CEO in place fairly soon."

Leadership role

Seeking global acclaim

Jason Aebig, board chair of the Remai Art Gallery of Saskatchewan explained they're looking for a leader who can expand the gallery's reach in the province, across the country and around the world.

"Our goal is not just to be a terrific local or regional gallery, we have ambitions to be much bigger than that," he said. "We want to build a brand and reputation in national and international circles and we're going to need leadership who can help get us there."

Qualifications for the position include five to 10 years of experience as a senior manager at an arts institution, in-depth knowledge of Canadian art and the highest level of personal integrity, ethics and accountability.

Applications are due by Nov. 2. **MORGAN MODJESKI/METRO**



An artist's rendering of the future Remai Art Gallery of Saskatchewan. The position of CEO for the current Mendel Art Gallery and the future Remai Art Gallery of Saskatchewan has attracted applications from across Canada and around the world. **CONTRIBUTED**

No fan of partisan politics

Hustled for VP candidacy

Russell Means briefly served as a vice-presidential candidate in 1984, joining the Larry Flynt ticket during the Hustler magazine publisher's unsuccessful bid for the

Republican nomination.

But Means always considered himself a Libertarian and couldn't believe that anyone would want to identify as either a Republican or a Democrat.

"It's just unconscionable that America has become so stupid," he said.

THE ASSOCIATED PRESS

Native-rights activist, actor dies at 72

Russell Means spent a lifetime as a modern American Indian warrior. He railed against broken treaties, fought for the return of stolen land and even took up arms against the federal government.

A onetime leader of the American Indian Movement, he called national attention to the plight of impoverished tribes and often lamented the waning of Indian culture. After leaving the movement in the 1980s, the handsome, braided activist was still a cultural presence, appearing in several movies.

Means, who died Monday from throat cancer at age 72, helped lead the 1973 uprising at Wounded Knee — a bloody confrontation that raised America's awareness about the struggles of Indians and gave rise to a wider protest movement that lasted for the rest of the decade.

Before AIM, there were few national advocates for American Indians. Means was one of the first to emerge. He sought to restore Indians' pride in their culture and to challenge a government that had paid little attention to tribes in generations.

He was also one of the first to urge sports teams to do away



In a Jan. 31, 1989, file photo, former head of the American Indian Movement Russell Means testifies before a special investigative committee of the Senate Select Committee on Capitol Hill, in Washington. Means, who also helped lead the 1973 uprising at Wounded Knee, revelled in stirring up attention. **MARCY NIGHSWANDER/THE ASSOCIATED PRESS FILE**

with Indian names and mascots.

"No one except Hollywood stars and very rich Texans wore Indian jewelry," Means said, recalling the early days of the movement. And there were dozens, if not hundreds, of athletic teams "that in essence were insulting us, from grade

schools to college. That's all changed."

AIM was founded in the late 1960s to demand that the government honour its treaties with American Indian tribes. The movement eventually faded away, Means said, as Native Americans became more self-aware and self-determined.

"If someone needed help, you called on the American Indian Movement, and they showed up and caused all kind of ruckus and looked beautiful on a 20-second clip on TV that night," said Paul DeMain, editor of News from Indian Country, a national newspaper focused on tribal affairs. **THE ASSOCIATED PRESS**

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Obama, Romney face off in final debate

Third round. Tied in the polls, candidates tussle over foreign affairs in last U.S. presidential debate

U.S. President Barack Obama mocked Mitt Romney while fiercely defending his own record on foreign policy on Monday in his third and final debate against his Republican rival, a showdown with sky-high stakes just two weeks until election day.

Soon after their showdown started in Boca Raton, Fla., Obama pounced, noting that his rival for the White House once said Russia was America's biggest geopolitical foe, called for troops to remain in Iraq and asserted that America "should not move heaven and Earth" for one man — 9-11 mastermind Osama bin Laden.

"The 1980s are calling and asking for their foreign policy back," Obama said to Romney.

Romney scored some points,

International focus

Foreign affairs took centre stage at the final debate.

- **Romney.** He and his fellow Republicans have criticized the Obama administration's response to a September attack on the U.S. consulate in Benghazi, Libya, that killed the ambassador and three other Americans. Romney has little foreign-affairs experience.
- **Obama.** Foreign policy is generally seen as Obama's strength. He gave the order leading to the killing of the terrorist leader Osama bin Laden and fulfilled a promise to withdraw U.S. troops from Iraq.

saying Iran is "four years closer" to having a nuclear bomb for potential use against Israel, laying the blame on the Obama administration for being too soft. **THE ASSOCIATED PRESS**



From left, Michelle Obama and Ann Romney watch as President Barack Obama speaks to one of Republican presidential nominee Mitt Romney's sons after the third presidential debate on Monday in Boca Raton, Fla. **THE ASSOCIATED PRESS**

Earthquake

Expert convictions 'sad day for science'

In a verdict that sent shock waves through the scientific community, an Italian court convicted seven experts of manslaughter on Monday for failing adequately to warn residents of the risk before an earthquake struck central Italy in 2009, killing more than 300 people.

The defendants, all prominent scientists or geological and disaster experts, were

sentenced to six years in prison.

Earthquake experts worldwide decried the trial as ridiculous, contending there was no way of knowing that a flurry of tremors would lead to a deadly quake.

"It's a sad day for science," said seismologist Susan Hough, of the U.S. Geological Survey in Pasadena, Calif. "It's unsettling."

That fellow seismic experts in Italy were singled out in the case "hits you in the gut," she said.

THE ASSOCIATED PRESS

Criticism

Baird slams Iran, Syria at event

Foreign Affairs Minister John Baird abandoned host-country niceties on Monday as he levelled a blistering attack against the human-rights records of Iran, Syria and Uganda before some 1,400 international parliamentarians gathered for the Inter-Parliamentary Union in Quebec.

Iranian and Ugandan delegates at the IPU

assembly, including the African nation's Speaker of Parliament, protested Baird's remarks, accusing the minister of meddling in their sovereign affairs at a collegial forum.

Even though the Conservative government has cut off diplomatic relations with Iran and Syria in particular, it could do little to stop the presence of legislators from those countries at the 127th conference of the IPU, which Canada is hosting this year.

THE CANADIAN PRESS

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Man on a mission: On call and loving every Mars minute of it

Search for life on Mars.
Physicist's life on Earth consumed by project

AMBER
SHORTT
Metro in Toronto

The vows had been said and the pictures taken, but when it came time to crack open the kegs the best man — the person responsible for getting the beer flowing — couldn't be found.

That's because Nick Boyd, a 29-year-old physicist from Picton, Ont., had slipped away from his brother's wedding reception to attend to the one thing more demanding than a tent full of thirsty guests: the Mars rover Curiosity.

"A few people came to hurry me along," said Boyd, the operations lead for the team managing the day-to-day functions of the Alpha Particle X-Ray Spectrometer, the Canadian-built instrument on the rover. He had to build a file to send back to NASA's Jet Propulsion Laboratory in California, where he has spent the last three months working with scientists from around the world conducting experiments on Mars.

"It consumes your whole life for this early period," said Boyd, adding the mission, officially called the Mars Science Laboratory, has so far gone "amazingly smoothly."

"You'll do whatever it takes to make the mission go well."

Boyd has spent the bulk of his professional life, the last six years, as part of the University of Guelph team that developed the APXS, one of 10 instruments carried by Curiosity. It identifies the chemical composition of Martian rock and soil — information geologists are using to determine whether Mars was ever able to support life.

He said he still finds it surreal to be communicating with the machine on another planet.

"It was never a given that

Quoted

"We're taking a very, very big role in this mission ... and it's something that everyone should be able to take some pride in."

Nick Boyd on Canada's involvement in the Mars Science Laboratory mission

we were going to land safely," said Boyd, thinking back to the knot in his stomach on the Aug. 5 landing day. He said all he could think was "it's my career that's strapped to that car with a jet pack."

But after the landing crew "won the biggest game of their lives" Boyd only nabbed a couple of hours sleep before his work began.

Since then, the tactical team has been working in two shifts, on "Mars time," to ensure it gets the most out of Curiosity.

The first shift analyzes the data that comes back from the rover and creates a plan for Curiosity's next day. The second shift then takes the plan and turns it into a series of sequences that are transmitted to "drive" the rover.

"Every day is determined by the morning on Mars"

Since a Martian day is 40 minutes longer than Earth's, the team's shifts change by 40 minutes daily. Boyd likens it to being persistently jet-lagged, and said he often forgets to eat and has to recalculate every day whether he'll get stuck in rush hour.

"You can tell when we're in a time period that doesn't line up with Earth," said Boyd, noting tempers at the lab get a little shorter.

However, NASA has a way to make sure cooler heads prevail: a giant freezer kept full of Drumsticks and ice cream sandwiches.

"It's considered to be a very good investment in the general sanity of the team," Boyd said.



Nick Boyd stands in front of the test bed rover at NASA's Jet Propulsion Laboratory in Pasadena, Calif. The physicist with the University of Guelph has spent the last three months working with hundreds of scientists to conduct tests on Mars. CONTRIBUTED

Transition back to Earth

Starting next month, the team members will continue their work from their home labs. The mission is projected to last roughly two years, but Boyd is cautious on the subject of Curiosity's longevity.

"It's not a good idea to make predictions of mission lifetime," he said, though he notes that the rovers that NASA launched in 2003, Spirit and Opportunity, outlived their mission timelines. Spirit made it six years, and Opportunity is still going.

Mars, however, hasn't been an easy expedition. Roughly two-thirds of Mars missions since the 1960s have failed.

But whether it's another day or a decade, Boyd plans to soak

up every moment on the Red Planet.

"I tell people I'm in year five of a five-year plan," he said. "I'm definitely enjoying the fruits of my labour."

Curiosity

A ton of fun on the 4th rock from the sun

Every movement of the Mars rover could be its last, which is why each day's operation is determined by the one before it, said Boyd.

"There's no chance to fix an instrument once it's gone to Mars," he said, adding a slip in the sand could cost

an entire day. Because of that, calculations must be tested and retested on a stunt-double rover at JPL's simulated Mars field — something Boyd said is serious work, but also "like a little boy's dream playdate."

"My job is a ton of fun. I get to play with a lot of great toys and work with a lot of great people," he said. Though he added it can get him into trouble when he gets so caught up with robots that he forgets to call his wife, Allison, who is back in Guelph and pregnant with the couple's first child.

AMBER SHORTT/METRO IN TORONTO

Mars. APXS big deal for Canadian science

Iain Campbell, APXS co-investigator at the University of Guelph, said the instrument has already analyzed several rocks and soil samples on Mars.

"Everyone on this mission is very, very excited," he said, noting that a less advanced version of the APXS was on the Spirit and Opportunity rovers. Those missions found evidence that Mars had once contained water, and

Campbell is optimistic that Curiosity will be able to top those findings.

"Will these discoveries be the remnants of carbon-based life-forms? I don't know," he said. "But I hope it will be."

Campbell said the mission is also an important one due to the current concerns on climate change. He said Mars transitioned from being alkaline-based to more acidic billions of years ago and scientists hope to figure out what caused that change. He said the landing site was chosen partially because it contained rocks with layering that represented both environments.

As for the next project, Campbell said the U of G team, lead by principal investigator Ralf Gellert, is already working ahead on the next generation of the APXS.

"It's a big thing for Canadian science," said Campbell, noting the current \$2.5-billion mission is the largest exploration expedition in history. "If you want to play in the big leagues ... Canada is there."



NASA's Curiosity rover aimed two instruments to study a rock known as "Jake Matijevic." The red dots are where the Chemistry and Camera (ChemCam) instrument zapped it with its laser. The purple circles indicate where the Alpha Particle X-ray Spectrometer trained its view.

MSSS/JPL-CALTECH/NASA/AFP/GETTY IMAGES

By the numbers

567M Curiosity landed inside Mars' Gale Crater at the base of Mount Sharp on Aug. 5 after travelling 567 million kilometres.

899 Curiosity weighs 899 kilograms, and is powered by a multi-mission radioisotope thermoelectric generator and lithium-ion batteries.

98 The Mars Science Laboratory primary mission is projected to last 98 weeks — or one Martian year. Courtesy NASA

Developing a mobile continent

Ghana. When it comes to wireless culture, Africa is leapfrogging the West — and young techies are churning out apps to take advantage of it



ELISABETH BRAW
Metro World News in London

At Kwame Nkrumah University of Science and Technology (KNUST) in Kumasi, Ghana, women carrying baskets of food on their heads walk past students going to class. From inside a sleek campus Internet café, Godwin Amefia, 21, runs his own mobile-app company.

"I realized that students weren't told about schedule changes, so I created a mobile app for it," he explains. His company, mNotify, now has five employees and features a range of apps for churches, schools and businesses.

Amefia belongs to mFriday, a technology hub at KNUST

Quoted

"Young Africans are realizing that you can have a laptop and make a lot of money. They're well-informed, and they're aware of Africa's problems. We say, 'Why not create an app to solve some of those problems?'"

Bobby Okine, founder of the mFriday hub at Ghana's Kwame Nkrumah University of Science and Technology

whose members get together every Friday to trade business ideas. Welcome to the Silicon Valley of Ghana. "This is part of a whole new movement in Africa," observes founder Bobby Okine. "People want to do something that will be recognized."

It's obvious why young Africans see a future following in the footsteps of Bill Gates and Steve Jobs — by remaining in Africa. Seventy-three per cent of Africans now have a mobile phone, compared to just four per cent 10 years ago. The figure is expected to rise to 85 per cent by 2015, according to research firm Royce Funds. Indeed, in its mobile-phone culture Africa is leapfrogging the West.

"Africa is the future," says Jesse Ofori, 21, another young KNUST student with his own technology firm. "You can go to the U.K. or U.S. to start a technology company, but most things have already been done there. Here, there are more opportunities. Every last banana seller has a mobile phone, and we can capitalize on that." Indeed, at Kumasi's rudimentary airport, posters advertise mobile-banking services.

"Young Africans are realizing that you can have a laptop and make a lot of money," observes Okine. "They're well-informed and they're aware of Africa's problems. We say, 'Why not create an app to solve some of those prob-



Developers work at a technology hub in Addis Ababa, Ethiopia which has 500 members and has already spawned three companies. Glyn Riley/Metro

lems?" People want things to change, and they want to make money."

Okine's company, MAK-Edu Consult, has a mobile-

app contract with Ghana Post, while another mFriday member is developing an app that allows vehicle authorities to spot false drivers' licenses.

Top five African apps

- **Saya:** Smartphone messaging, Facebook and chat apps for low-end devices.
- **iCow:** Alerts farmers to vital times in their cows' gestation period. Helps farmers find the nearest vet.
- **mNotify:** Bulk SMS service for universities, companies and other organizations.
- **mPedigree:** Patients can text information about medicine they've been given, and receive an SMS message back informing them whether the medicine is counterfeit.
- **BudgIT:** Users text the service with requests for particular data about Nigeria's budget and receive information by SMS.

iPad mini? Canadian bloggers have the inside scoop on Apple product launches

On Tuesday, the world's attention will turn to California, where Apple will announce a product that's widely expected to be a smaller, more mobile 20-centimetre iPad.

Apple's product launches are closely guarded secrets — but leaks are inevitable. In the high-stakes world of Apple rumour-mongering, two Canadian bloggers have built sterling reputations for accurately revealing details about new iPhones and iPads well before the company does.

It was five months ago that

Quoted

"I'm just lucky enough that I get enough pieces that I can start to put things together."

Rene Ritchie, Montreal-based blogger

Montreal-based Rene Ritchie forecast Apple would release its new "iPad mini" this month for between \$200 to \$250. Whether he was right will soon be revealed, but past posts on his iMore.com site accurately re-

ported details about the iPhone 4S, the iPhone 5 and the "new iPad" before Apple made its official announcements.

So what's his secret? Ritchie says he has various sources within Apple and at other manufacturing, retail and mobile-carrier companies that feed him information from time to time.

Jim Dalrymple, another Canadian who's looked to for Apple scoops, co-runs the website The Loop out of his home office near Halifax.

THE CANADIAN PRESS

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E.T. hitches a ride

As PR junkets go, it's not the most glamorous outing: A wax figure of E.T. from the 1982 Steven Spielberg film E.T. the Extra-Terrestrial is wheeled through central London on Friday by a Madame Tussauds employee to mark the Blu-ray edition release of the film. On Monday, Tussauds launched E.T. wax figures in London, Berlin, Amsterdam, Sydney and Hollywood. JOEL RYAN/INVISION/THE ASSOCIATED PRESS

Market Minute



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10 THINGS TO STOP WORRYING ABOUT RIGHT NOW



SHE SAYS...
Jessica Napier
metronews.ca

Lately, I've been thinking about how much time I waste fretting about entirely inconsequential things. We tend to allow trivial concerns — our follower count on Twitter,

looking good at the gym — to occupy our minds instead of directing our time and energy to more important pursuits. No more, dear readers, no more. If you worry about any of these things, you need to laugh at yourself immediately, then stop.

1 Who will get kicked off next week's episode of *The Bachelor Canada*. Dedicating any brain cells to worrying about reality-TV relationships is ridiculous when we all know these showmances only last about 10 minutes after the cameras stop rolling.

2 Running into someone while wearing the exact same outfit you wore yesterday. Sometimes we buy new clothes and like to wear them two days in a row, and that's OK, everyone, because we all do it.

3 Purchasing embarrassing drug-store items. Because at 27 years old, I shouldn't blush uncontrollably every time I need to pick up a box of tampons.

4 Your dress size. Not because having a healthy body isn't important, but because clothing manufacturers are increasingly making these numbers up and arbitrarily assigning digits for vanity or shame purposes.

5 Being alone in a public place. Stop eyeballing your iPhone every five seconds; everyone else is far too self-involved to notice you sitting by yourself at a restaurant.

6 Whether or not the other people on the bus are judging your reading materials. Reading *Fifty Shades of Grey* on public transit is about as scandalous as wearing a turtleneck while watching a PG-rated film.

7 Thinking up an original Halloween costume. It's not going to happen. No matter how unique or creative you think you are, someone else is going to do the same thing and they're probably going to do it better than you.

8 Why your newly engaged friend didn't pick you to be a bridesmaid/groomsman. Instead of fretting about not being included, think about what you're going to do with the hundreds of dollars you'll save.

9 Whether your stuff matches with your other stuff. Making sure your furniture/nail polish/shoes are the correct shade of Pantone tangerine is a quintessential example of the "small stuff" you should not sweat.

10 How many calories are in this? If you have to think about it, then you already know the answer is probably too many.

Follow Jessica Napier on
Twitter @MetroSheSays



Wondering what shade to choose? Here's a tip: No one actually cares. FLICKR.COM

7 wins — those never happened



GETTY IMAGES

Doping

Icon loses Tour de France titles

There was an Armstrong, Neil, who walked on the moon and another, Louis, who sang sweet jazz. But Lance Armstrong, seven-time Tour de France winner?

That never happened. "He deserves to be forgotten in cycling," Pat McQuaid, president of the International Cycling Union, said Monday as he erased Armstrong's victories from the record books after his group accepted sanctions imposed by the U.S. Anti-Doping Agency.

THE ASSOCIATED PRESS

Culture of secrecy

The doping doubts were there in 1999.

- A positive urine test for banned corticosteroids at the 1999 Tour was explained away and covered up by one of Armstrong's doctors, a former team masseuse testified years later.

- A book in 2004 in which the same masseuse said she gave Armstrong makeup to hide needle marks on his arm was met with writs from Armstrong's lawyers and furious denials from him.

Overcoming obstacles

Beating cancer, Tour wins inspired many

No sporting icon peddled a tale quite like this one.

The Texan from a broken home who became a world champion, then was struck down by testicular cancer that spread to his lungs and brain, but who still rolled up in 1999 at the Tour, a three-week endurance test so tough that it has defeated many men who didn't endure gut-wrenching chemotherapy and carry the scars of tumour-removing surgery.

He became the living embodiment of the idea that willpower can overcome any obstacle. THE ASSOCIATED PRESS

Loosening tongues

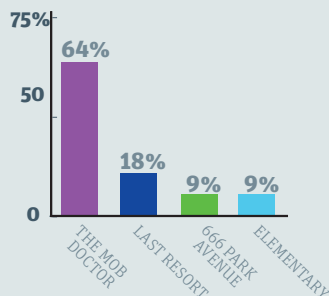
The feds "placed a gun and a badge on the table," said McQuaid, and the Great Wall of Silence crumbled.

- Former teammates explained how they used subterfuge to beat testers. Tyler Hamilton said they simply hid, not answering the door if a sample collector showed up. There was no test, and still isn't, to show that riders were re-injecting themselves with bags of their own blood. SEE SPORTS, PAGE 21, FOR MORE COVERAGE.



Register at metropolitanpanel.ca and take the quick poll

What new TV show should be the next to be cancelled?



Twitter

@PrecHydrojet:

Snow warning for #YXE?! But I'm not ready yet....it can't snow until hockey comes back!

katoon traffic tonight guys!" Said no one. #yxex

@annhepburn:

"@jennysryan: wants to remind you that it could be worse: the skies over Saskatoon could be streaming blood. it's JUST SNOW." #yxex

@dalezak:

I love <http://whereismypoll.com>, great web app created at @Apps-4GoodCa hackathon for polling stations in #YXE #YXEVotes and #YQR #YQRVotes

@PrettyXclusive:

And it's snowing because?! #YXE #canada

@roforsho:

"Super excited to deal with Sas-

DVD reviews



Magic Mike

Director. Steven Soderbergh

Stars. Channing Tatum, Alex Pettyfer, Olivia Munn

Steven Soderbergh's latest genre exercise mines Channing Tatum's real-life male-stripper memories for maximum swagger, yet this is anything but a macho version of Showgirls or Burlesque. It's a realistic portrayal of a business that sells sizzle onstage, with plain sweat backstage to make it happen. Dancing at Tampa's Xquisite nightclub has been fun and reasonably profitable for Mike, but he's smart enough to observe how it has turned out for club owner Dallas (Matthew McConaughey), who also emcees and croons, from a cool cat into a cynical caricature. Still, Mike wants an equity share in the club, a carrot Dallas dangles but never drops. A new guy, Adam (Alex Pettyfer), starts stripping at the club and begins to threaten Mike's dominance of the dance floor. Adam's a loose cannon with a propensity for self-destruction and he puts a damper on sparks that develop between his sister Brooke (new face Cody Horn, well cast) and the romance-averse Mike. The strip-show numbers in Magic Mike are more humorous than sexual, which may disappoint anyone who attends hoping to see the real "full monty" on display. That never happens — think Exotica more than Boogie Nights.

PETER HOWELL



Taylor Swift says her infectious hit *We Are Never Ever Getting Back Together* happened 'really spontaneously.' MATTY SAYLES/THE ASSOCIATED PRESS

We are never, ever getting tired of Taylor

Red. Nashville singer with strong country roots enlists the help of pop music powerhouses for her fourth album

IAN GORMELY
scene@metronews.ca

No matter how many pop hits she scores, Taylor Swift will always be a country girl.

"In my mind, I'm always going to be a country artist because that's home to me," says the 22-year-old Nashville-based singer.

"The innate writing style of country music is

what formed me as a songwriter."

Yet after penning all the tracks on her last record on her own, Swift decided to team up with a who's who of pop songwriters for her fourth album, *Red*, which hit stores today.

"I wanted to figure out a way to push myself into a different comfort zone," she says.

Along with writers like Dan Wilson, who co-wrote Adele's mega-hit *Someone Like You*, Swift enlisted the help of Max Martin, the man behind Kelly Clarkson's *Since U Been Gone*, and Britney Spears' *...Baby One More Time*.

Together with Martin's protégé, Shellback, the trio co-wrote her own cur-

rent smash, the infectious and decidedly un-country *We Are Never Ever Getting Back Together*, and, as she says, it all happened "really spontaneously."

"It's really brought something different out of this album," she says.

"I think that there are definitely influences from every genre that I'm a fan of on this record."

Both U.K. singer/songwriter Ed Sheeran and Snow Patrol's Gary Lightbody make appearances on the record, the latter of whom Swift points to as a source of inspiration for her cinematic lyrics.

"The more you let people into the details," she says, "the more people feel welcomed into those experiences."

Weird in the woods

Watching the music video for *We are Never Ever Getting Back Together*, it's hard not to notice the group of musicians dressed up as woodland creatures. Those oversized animals are actually Swift's backing band. She says the costumes were director Declan Whitebloom's idea and when she told the musicians, "they looked at me deadpan like, 'This is not happening.'" Yet while filming the single-shot clip, the band "got loopy," the results of which are on the screen. "It's the most random thing I've ever done in a video," says Swift. "It makes me laugh to this day."

Diamond Rings gets ready to shine

New album. Singer leaves his indie roots behind and embraces his inner pop star

IAN GORMELY
scene@metronews.ca

When it came time to follow up his bedroom-pop breakthrough, *Special Affections*, John O'Regan, best known to the world as Diamond Rings,

didn't bother trying to recapture the intimacy of his debut.

Instead, he opted to leave his indie roots behind and make the full transformation into a proper pop star.

"It's more about an attitude and confidence in one's self," he explains.

"Anyone who has the courage and the intestinal fortitude to put themselves out before the world in a way that's sincere and relatable, and above all else, different and unique.

As simple as embracing your inner pop diva sounds, it wasn't an easy process. "It's really hard to write and sing about things that are obvious and relatable in a way that's fresh and new," he says.

"I don't know if I did that. I did my best."

Writing for the record, *Free Dimensional*, was completed before his debut even dropped, after O'Regan was treated for Crohn's disease.

"It's a celebration of life and being alive," he says.



John O'Regan, a.k.a. Diamond Rings. SARAH DEA FOR TORSTAR NEWS SERVICE



Taylor Swift

Pop went the couple: Styles wasn't heading in One Direction with Swift

While Taylor Swift is over the moon with current boyfriend Conor Kennedy, she reportedly suffered heartbreak at the hands of One Direction member Harry Styles just before meeting Kennedy, according to Radar Online. Apparently the pair dated briefly earlier this year but ended it when Styles was photographed locking lips with model Emma Ostilly.

"Taylor really liked Harry, and even though they weren't exclusive, he hinted at making it official with her," a source says. And while Swift was allegedly warned by her personal psychic of impending heartbreak, she was still caught off guard the morning

When Harry met Taylor

"Taylor really liked Harry, and even though they weren't exclusive, he hinted at making it official with her."

Source regarding Taylor Swift and Harry Styles' past relationship

she awoke to a barrage of text messages from Styles "begging for a chance to explain and telling her not to believe everything she reads," the source says. "She immediately googled Harry and found all the stories and pictures of him kissing Emma. She was heartbroken."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Lindsay Lohan ALL PHOTOS GETTY IMAGES

Celebrity Halloween: A how-to guide

For all those hard at work on a show-stopping Halloween costume, we salute you. For all those planning to rummage through their closet at 9 p.m. on the 31st, we feel you. These celebrity-inspired costumes won't win you any contests, but they'll probably qualify you for free candy.

Tina Fey

This one's easy: Just throw on a pair of designer glasses that perfectly fit your face. Then get a blow-out that's not too fussy but adds enough volume and shine to show you care. Lose 15 pounds and wear something young but expensive. Accessorize with a great job and a ton of talent that you casually brush off. Wait a second — Tina Fey, we're on to you, girl.

Zooey Deschanel

The essentials: A vintage

a-line dress, lots of eyeliner, sexy librarian glasses, knee socks. Bonus points: An entourage of 20-something girls who resent you for reasons they can't quite explain.

Sexy Louis C.K.

Cut a deep V in an oversize black T-shirt that's faded enough to really show the grease stains. If possible, resist the urge to make jokes about having sex with dead things.

Prince Harry

Shower with things that smell rich, woody and clueless. Put on a very large, very expensive watch. And ... well, you're good to go.

Avril Lavigne and Chad Kroeger

The perfect couple's costume for 2012: Rummage through the punk store clearance rack, then roll around on the floor, making sure to soak up all that was wrong with 10 years ago. Hit on the underage cashier, douse yourself in Axe body spray and go shoot some 'edgy' engagement photos.

Sources say attempts to save troubled star not motivated by spotlight

It looks like the folks behind the attempted intervention for Lindsay Lohan last week had good reason to be concerned about the troubled actress. Several friends of Lohan insist to Radar Online that she's partying again and out of control, and her dad, Michael Lohan, is reportedly eager to

put her under a conservatorship similar to the one Britney Spears' father used. "People who party with Lindsay have confirmed her excessive partying and getting wasted," a source says. "Even some of the people who have enabled her partying have come clean and revealed what's going on."

Twitter



@RedHourBen

Zoolander LadyGaga story is not true. Weird that OK magazine would print something untrue. Weird to read a made up story on the internet.



@Joan_Rivers

Congratulations to Adele on the birth of her 68 pound 8 ounces bouncing baby boy.



@RealVinceVaughn

my verification is pending.



@AlbertBrooks

I wish there was a debate on every night. I so love arguing.

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Are you a new parent needing some sleep? There's an app for that. ISTOCK PHOTOS

Sleep-deprived new parents can finally get some shut-eye

New product. Former chart-topping musician has come up with an app that can help lull those cranky babies back to sleep

BRIGITTE NOËL
life@metronews.ca

The sallow skin, bloodshot eyes and dark circles of the living dead are a popular Halloween look for those seeking a cheap and easy costume. For the struggling parents of a newborn baby, achieving this look requires little effort. Thankfully, there just might be an app for that. Barry Authors is a Canadian musician whose single

Online

Where can you find the app for your phone?

- **Online.** BabyDoze is available for both iPhone and Android. More details at babydoze-wombsound.com.

Authors says of his invention. "We had phenomenal results with testing."

His product's premise is simple — lulling babies to slumber using the sounds they hear before they are born.

This combination includes the thumping of a heartbeat, the whoosh of amniotic fluid and the hissing of circulating blood.

Not the stuff of Top 40 hits, but it's proved a winning formula for Authors, who created the recording during his wife's first pregnancy.

"There are lots of things that people say calm babies: noises of the sea, sounds that simulate the sound in the mother's womb," Authors says. "This doesn't simulate; this is exactly the sound that the baby hears."

No Charge reached the top of the U.K. charts in 1976.

Now he's produced what could be his greatest hit to date.

It's called BabyDoze, and it's an app that claims to give new parents what they desire the most — rest.

"Sit me down with 10 babies, and nine or 10 will go to sleep if they're crying,"

Want to prevent a cold? Avoid your T-zone

CELIA MILNE
life@metronews.ca

Ew, yuck. Everyone around you is coughing and sneezing.

You've heard all about washing your hands to prevent the flu.

Here's another simple rule: Keep fingers away from your face.

"Do not touch the T-zone — your eyes, nose and mouth," says Dr. Will Sawyer, an international infection prevention expert. "These are the only portals of entry into the human body for all respiratory illnesses such as the flu."

Kids can certainly benefit

from this advice right now, as the common cold usually reaches a zenith about four to six weeks after school starts. And adults are good at sharing germs too. On Global Handwashing Day last week, a report surfaced in the U.K. that one in 10 credit cards is as dirty as a toilet bowl.

"Only you can prevent the flu," says Sawyer. "If you never put your fingers to your hands, nose and mouth, you won't need to worry about how dirty your credit cards are; you wouldn't inoculate yourself."

Sawyer is a family physician in Cincinnati, Ohio.

He is the creator of Henry the Hand Foundation (henry-



Kids and adults can benefit from some handwashing tips. ISTOCK PHOTOS

thehand.com), which teaches hand washing and disease prevention in the U.S. and Canada. "Spread the word, not the germs," is his motto.

Other flu prevention tac-

tics include getting the vaccine and practising what scientists call "social distancing," which means trying to stay at least a few feet away from sick people.

Words to live by

Here are the four principles of hand-washing awareness. Use them and be sure others around you do too.

- **Number 1.** Wash your hands when they are dirty and before eating
- **Number 2.** Do not cough into your hands.
- **Number 3.** Do not sneeze into your hands
- **Number 4.** Do not put your fingers in your eyes, nose or mouth.

Best Health

Answers to everyday questions



BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

Best Health magazine, on newsstands now, offers straight talk and real answers for Canadians. Here are just a few examples.

Can eating less slow down the aging process?
Yes. Significantly reducing

Need to know

"Significantly reducing calorie intake has been shown to increase lifespan."

calorie intake has been shown to increase lifespan, at least in lab animals. As for the human research, studies show that people on calorie-restricted diets have substantially lower levels of inflammatory proteins in the blood.

Are ulcers always the result of stress and spicy food?

No. In fact 80 to 90 per cent of stomach ulcers result from infections caused by bacteria called *Helicobacter pylori*.

Does "use it or lose it" really apply to brain function?

Yes. Many studies have suggested that people who regularly engage in activities that require the brain to process information are less likely to develop Alzheimer's and other neurological diseases that lead to loss of mental clarity.

TO CLAIM YOUR FREE ISSUE OF BEST HEALTH MAGAZINE, GO TO BESTHEALTHMAG.CA/METRONWS



Stomach ulcers are often caused by bacteria infection. ISTOCK PHOTOS

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Traditional corn chowder is usually prepared with excess cream and butter.

My version uses evapor-

ated milk.

You'll be surprised at how creamy and rich the soup tastes at just 211 calories and 3.7 grams of fat per serving.

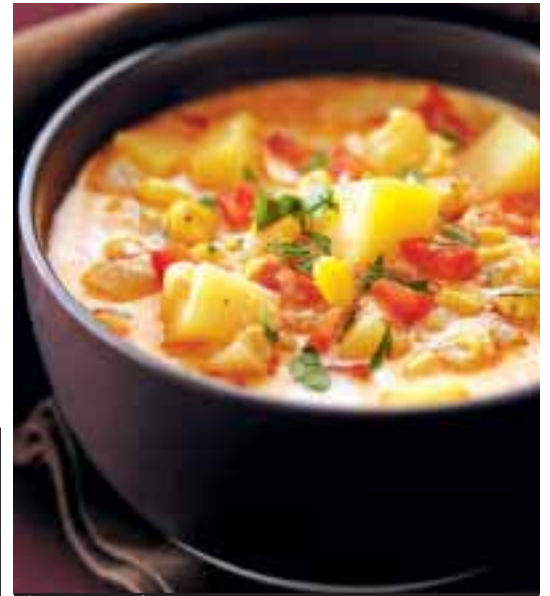
1. Lightly coat nonstick skillet with cooking spray and set over medium heat. Sauté corn 8 mins., stirring

often until lightly browned. Purée half of corn in food processor. Combine puréed corn with the whole corn in small bowl and set aside.

2. Add oil to large, nonstick pot and set over medium heat. Add onion and garlic and sauté 4

mins. Add red pepper and sauté another 2 mins. Add potato, stock, chili sauce and corn mixture. Bring to a boil, then reduce the heat to low and simmer, covered, for about 15 mins. or until the potato is tender.

3. Whisk flour and milk in



This recipe serves four. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

a small bowl and gradually add to the soup. Add salt and pepper. Simmer, stirring occasionally for 3 minutes or until slightly thick-

ened and heated through. Serve in bowls and garnish with parsley.

ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS) BY ROSE REISMAN

Ingredients

- 2 cups corn niblets
- 1 1/2 tsp vegetable oil
- 1 cup chopped onion
- 1 1/2 tsp finely chopped garlic
- 1/2 cup chopped red bell pepper
- 1 cup peeled and diced potato
- 2 1/2 cups chicken stock
- 1/2 tsp hot chili sauce
- 2 tsp all-purpose flour
- 1 cup canned evaporated milk (2%)
- pinch of salt and pepper
- 3 tbsp chopped parsley

Health Solutions

Smarter Snacking



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

We are a nation of snackers and it is a slippery slope.

On a recent trip to France, I noticed the utter lack of a snack.

Oh, sure, the French women have their espresso and rest at three or four in the afternoon, but it is a calorie-free respite that re-energizes.

In North America, we have confused treats and snacks. A snack is a small mouthful of food that nourishes you, on occasion, between meals.

A treat is something sweet or salty that you enjoy but you don't kid yourself that it gives you anything but empty calories (and pleasure).

If you really want to snack

well, consider these this afternoon:

- Green tea or espresso (single shot, unsweetened)
- Steamed edamame beans
- Hummus
- A handful of walnuts
- A cup of berries
- A tub of yogurt

Most foods in crinkly packages are treats. Yes, even if they say they only contain 100 calories, they are treats.

Go ahead and enjoy them, but treat them like any other guilty pleasure.

Be aware that they light up your brain but do not really feed your soul or your cells. **THERESA ALBERT**

IS AN AUTHOR AND NUTRITIONIST AT ROSE-DALEWELL-NESS.COM IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



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This message brought to you by Prosperity Saskatoon.

Is yours a healthy, happy home?

Advice. Bestselling author Gretchen Rubin is back with another self-help winner. She claims you'll be happier in life if you're Happier at Home. Here's why

ROMINA MCGUINNNESS
romina.mcguinness@metro.ca

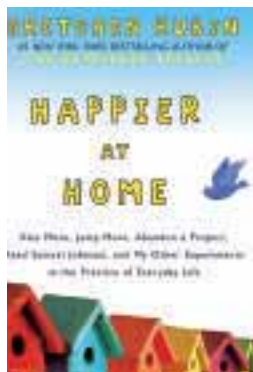
The moment Gretchen Rubin realized how many elements of a happy life focused on the home, she set about making small changes in her daily routine to help boost her overall happiness.

"If you're not happy at home, it's hard to be happy in your everyday life. Ideally, our home is a place that energizes and calms us, where we can have privacy but also engage with other people. If you're happy at home, you'll have a much stronger place from which to go out into the world," she tells Metro.

Want to be a happy homebody? Here's what Rubin suggests you



Gretchen Rubin and her book (below). Happier at Home. DAVE CROS



1. EMBRACE GOOD SMELLS:

"People that suffer from anosmia (loss of the ability to smell) often become depressed. A good smell is a quick fix. It gives you an immediate lift. It's not like eating a cookie but having to count calories or reading a book but needing time. It doesn't have a cost. Just light a scented candle or have a bowl of fresh grapefruit in the kitchen."



2. KISS & HUG: 'Act the way you wish you felt'

"People think we act because of the way we feel when really, we feel the way we act. If you act in a loving, way and kiss or hug those you love daily, you can really foster those feelings in yourself. As you're communicating these feelings to somebody else, that person will then feel more beloved. Acting this way will also help drive out



negative feelings such as anger or resentment."

3. JUMP!:

"Our home is the symbolic resting place for our body. It's the launching pad of all your routines. Your body is everything — whatever you do, your body will always be there. Any of the habits related to caring for your body, you have to figure them out from home. So exercise better and act more energetic. Do a few jumps a day. Literally. It will put a spring in your step."



4. CLEAR OUT CLUTTER:

"Living in a house where everything is falling into disorder can make you really unhappy. A crowded closet isn't a big deal, yet somehow it control over the inflow of 'stuff' will make you feel more in control of life in general. Make



sure you only have things you need, use and love. Everything else can go."

5. READ THE MANUAL:

"Most people pull and tug at something, try to rip it open and end up getting very frustrated when they fail. But usually you'll notice there's a tab or a little thing you pull to open. This applies to anything — whether you're trying to open a tin of beans or putting together a shelf. Take a few seconds to think, 'is there a way I'm meant to do this?'"



6. TECH: 'Is a good servant and a bad master'

"Technological devices have a valuable role to play so long as they don't crowd out other things that are more important, like family. You need to create boundaries so that technology doesn't invade your life like a weed."



7. CREATE A LOVE SHRINE:

"Even if you live alone, you have relationships that are a part of you. Making a sort of shrine — which can include anything from music, travel mementos, photo albums or jewelry — that creates a specific place that is full of love. You may want to have a wall of photographs of your friends or of your family to remind you of the things and people that make you happy."



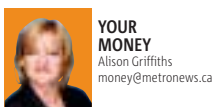
8. GO TO BED:

"Some people think they're too tired to do anything except watch TV or cruise on the Internet and dedicate a lot of time to these very low grade activities that don't boost happiness. But don't let these activities eat up a lot of your time or you'll stay up too late and wake up feeling exhausted. If you were too tired to do anything but watch TV, then go to sleep."



A chilly economic wind blowing through Canada?

Alison on money. The IMF warns of an economic domino effect



YOUR MONEY
Alison Griffiths
money@metronews.ca

Last week the International Monetary Fund (IMF) scolded Canada for "domestic vulnerability" with a softening housing market, a high unemployment rate of 7.3 per cent and record personal debt levels.

Economists point out that at 163 per cent of income, our debt ratio is similar to the Americans before their housing bubble burst.

The IMF shaved its 2012 growth projections for Canada from 2.1 per cent to 1.9 and two per cent next year, down from 2.2 per cent. This compares to global growth predictions of 3.3 and 3.6 per cent in 2012 and 2013.

The IMF worries that "a sharp or sustained decline in house prices could seriously set back the leveraged



Stashing your cash is one way to be prepared for lower economic growth. ISTOCK IMAGES

household sector and domestic demand." In real speak, there's potential for an economic domino effect.

A declining housing market puts pressure on family debt, seriously affecting what we buy — a key driver of economic growth.

Lower growth means fewer jobs, especially in the housing sector, which is a huge job creator.

It's not a pretty picture. If you're concerned that the

IMF's fears will be born out, try this:

1. Take stock

Where are you vulnerable? Is it your mortgage or personal debt? If the government reduces borrowing by raising interest rates or tightening mortgage insurance or qualification conditions, what will be most affected?

You might lock in an open variable mortgage, as some aren't much lower than a five-

In numbers

18%

The housing sector accounts for 18% of GDP.

year fixed term. You could also pay bi-weekly or make larger payments.

Homebuyers shouldn't purchase until a larger down payment is in hand.

2. Cut spending

You can never go wrong here. Challenge your family to live on a teeny, tiny budget for three months. Cut back holiday plans. Defer any non-essential big-ticket items. Be vigilant about leftovers and don't let food items become stale-dated.

3. Build up cash

Money on hand can soften a blow from the unexpected. Increase your savings by one per cent. Stash change daily. Have a late-fall garage sale or sell things on eBay. Ask for cash gifts this holiday season or gift cards for gas or groceries. Many small steps have a big financial impact.

The sky may not fall, but it doesn't hurt to be prepared.



The Sheaf has been the University of Saskatchewan student newspaper since it published its first issue on November 1, 1912. Thursday, November 1st will mark exactly 100 years.

Sheaf Centennial Celebration Weekend

November 2nd & 3rd
University of Saskatchewan

Friday, November 2nd

Registration
Noon - 2:30 p.m. Sheaf Office
Walking tour of campus
2:30 - 6:30 p.m.
Diefenbaker Canada Centre
Pints and conversation
8:00 p.m.
Winston's English Pub & Grill

Saturday, November 3rd

Keynote speech
1 - 2 p.m. Neatby - Timlin Theatre, Arts 241 Sheaf alumnus and Globe and Mail cartoonist Brian Gable
Panel discussion
2:30 - 3:30 p.m. Neatby Timlin Theatre, Arts 241
Gala dinner
5 p.m. Cocktails 6 p.m. Dinner Entertainment to follow
Louis' Pub, 93 Campus Drive Semi-formal, cash bar, ticket required.

Centennial Ticket Prices
\$60 for Students
\$100 for Non-students

Tickets can be purchased online at

sheafroo.com or picatic.com/sheaf
or by calling the Sheaf office at **1.306.966.8688**

MLB

Giants punch ticket to World Series

Hunter Pence hit a bizarre two-run double, Matt Cain pitched his second clincher of October and the San Francisco Giants won their sixth elimination game, beating the defending World Series champion St. Louis Cardinals 9-0 in Game 7 of the NL



Giants pitcher Matt Cain. GETTY IMAGES

championship series on Monday night. **THE ASSOCIATED PRESS**

NFL

Panthers GM fired after brutal start

Marty Hurney was fired Monday as general manager of the Carolina Panthers one day after star quarterback Cam Newton expressed his frustration with a 1-5 start.

The move came after Sunday's 19-14 loss to Dallas.

THE ASSOCIATED PRESS



Marty Hurney THE ASSOCIATED PRESS FILE

NFL



"You watch film and not everybody was playing

hard every snap. And that's unacceptable." Buffalo Bills defensive end Chris Kelsay on Monday after a 35-34 loss to Tennessee, saying it's time for players to start holding each other accountable

Tour record book in tatters

Cycling. Losses continue to pile up as governing body erases Armstrong's Tour de France victories

Seven lines of blanks. From 1999 to 2005. There will be no Tour de France winner in the record book for those years.

Once the toast of the Champs-Élysées, Lance Armstrong was formally stripped of his seven Tour titles Monday and banned for life for doping.

As far as the Tour is concerned, his victories never happened. He was never on the top step of the podium. The winner's yellow jersey was never

on his back.

The decision by the International Cycling Union marked an end to the saga that brought down the most decorated rider in Tour history.

"Lance Armstrong has no place in cycling, and he deserves to be forgotten in cycling," said Pat McQuaid, president of the governing body. "Make no mistake, it's a catastrophe for him, and he has to face up to that."

It's also devastating for Tour de France organizers, who have to carve seven gaping holes from the honour roll of the sport's biggest event and airbrush Armstrong's image from a sun-baked podium on the Champs-Élysées.

From the sport's perspective, it's all gone.

"We wish that there is no winner for this period," Tour director Christian Prudhomme said Monday in Paris. "For us, very clearly, the titles should remain blank. Effectively, we wish for these years to remain without winners."

Armstrong's fiercely defended reputation as a clean athlete was shattered by the U.S. Anti-Doping Agency two weeks ago, when it detailed evidence of drug use and trafficking by his Tour-winning teams.

Armstrong camp quiet

Neither Armstrong nor his representatives had any comment about Monday's decision, but the rider was defiant in August when he chose not to fight USADA in one of the agency's arbitration hearings.

- He argued the process was rigged against him.

USADA released its report to show why it ordered Armstrong banned from competition back in August. Monday's judgment by the UCI was just the necessary next legal step to formalize the loss of his titles and expel him from the sport.

It will likely also trigger painful financial hits for Armstrong as race organizers and former sponsors line up to reclaim what are now viewed as his ill-gotten rewards, though the cyclist maintains he never doped.

The U.S. government could also get involved in a case brought by Floyd Landis, who was key to taking down his illustrious former teammate by turning whistleblower in 2010.

THE ASSOCIATED PRESS



Lance Armstrong speaks before a Livestrong charity event on Sunday in Austin, Texas. COOPER NEILL/GETTY IMAGES

By the numbers

\$3.85M

Tour de France director Christian Prudhomme wants Armstrong to pay back prize money from his seven wins, which the French cycling federation tallied at 2.95 million euros (\$3.85 million US). Armstrong was also awarded \$7.5 million plus legal fees from Dallas-based SCA Promotions Inc., which tried to withhold paying a bonus for the rider's 2004 Tour victory after it alleged he doped to win.

Lockout. Couture thriving in new Swiss hockey home

He can't play for the NHL, but Logan Couture is proving to be a bonus for the National League A Geneve-Servette team in Switzerland.

The NHL locked out its players on Sept. 15, sending many of them to foreign countries to keep their skills sharp.

It didn't take long for Couture, a former Ottawa 67 in the Ontario Hockey League, to get used to his new environment. The second leading scorer for the San Jose Sharks last season has notched three goals and seven assists in 10 games in Geneva.

He's at the heart of a trio that is considered the most productive on the team, which includes Dan Fritzsche (7-9-16) and Kevin Romy (6-9-15).

"I'm here to help the team," said the 23-year-old Couture, who amassed 65 points, includ-

Quoted

"Every hockey player wants to play in the NHL ... We want to reach a deal, but if it doesn't happen, I'll be happy to continue playing in Geneva."

Logan Couture



ing 31 goals with the Sharks in 2011-12. "I don't just do it by collecting points and goals. I want to play well and contribute in any way I can."

His team is far ahead of its rivals with 35 points, six more than Fribourg-Gotteron and Zurich. **THE CANADIAN PRESS**

NHL to players: 'They know how to reach us'

Another day ticked by without progress in the NHL's collective bargaining talks.

The league and NHL Players' Association were each holding firm on their recent proposals Monday and have yet to even make plans for another bargaining session this week. With a Thursday deadline looming to reach an agreement and salvage an 82-game season, the sides appeared to be at odds over how best to proceed.

"(I'm) not sure there is any reason to meet if there is nothing new to say," deputy commissioner Bill Daly told The Canadian Press in an email. "Our position was communicated to the union pretty clearly last Tuesday and then again on Thursday."

By the numbers

135

The 37-day lockout has already seen 135 regular-season games wiped off the calendar. The NHL believes there would be enough time to add them back on and play a full season if an agreement could be reached in time to open abbreviated training camps on Friday.

"If they have a desire to meet with regard to the proposal we have on the table, they know how to reach us."

The sides touched base by phone over the weekend following a busy few days that saw each of them table new offers. They had been expected to gather in New York at some

point this week.

"They say they want a deal, but then they say they only want to meet if it is on their terms," said Steve Fehr, the NHLPA's special counsel. "Strange. That is not the way to reach an agreement. Bargaining is give and take — not just take."

Last Tuesday, the NHL proposed a 50-50 split of revenues across the board as part of a deal that would see a full regular season begin on Nov. 2. The union countered Thursday with three proposals, which all moved towards 50-50 over the course of the deal.

The biggest concern for the NHLPA is ensuring all current contracts are honoured in full.

THE CANADIAN PRESS

Horoscopes

Aries

March 21 - April 20
A breakthrough of some kind is likely today. It may or may not be financial in nature but it will certainly be something that makes your life simpler on a material level. You deserve it, so enjoy it.

Taurus

April 21 - May 21
You get along with most people, but you also have a tendency to take over their lives and make decisions for them. That is something you need to curtail today, both for their benefit and for your own.

Gemini

May 22 - June 21
The Sun's change of signs means you need to slow down a bit. You have started many new things in recent weeks and your main task now is to consolidate what you have gained. Don't be too greedy.

Cancer

June 22 - July 23
The Sun moves into the most dynamic area of your chart today, which means the next few weeks are going to be special. You will find that the right opportunity arrives at just the right time. The fun days are here.

Leo

July 24 - Aug. 23
It may seem to everyone else that you don't have a care in the world, but on the inside you can feel that something is missing. Start thinking of ways you can bring more meaning to your existence. It's important.

Virgo

Aug. 24 - Sept. 23
You have been avoiding a certain person because you know they are going to say things you don't want to hear. That's too bad because at some point today they will corner you and make you listen.

Libra

Sept. 24 - Oct. 23
You may be suspicious if someone offers you something for nothing today but the planets indicate you won't be cheated, so lighten up a little. Not everyone is out to deceive you, so don't deceive yourself.

Scorpio

Oct. 24 - Nov. 22
Forget about everything that has gone before and focus on all the good things that are sure to come your way over the next few weeks. The Sun in your sign makes all things possible.

Sagittarius

Nov. 23 - Dec. 21
The most important thing now is that you are totally honest with yourself. Don't try to pretend you have done well when you know it isn't true. It's not about judgment, it's about getting it right next time.

Capricorn

Dec. 22 - Jan. 20
Even if you are the kind of Capricorn who does not like joining organizations, you will find it easy to get involved over the next few days. There are people out there who share your attitudes and ambitions. Find them.

Aquarius

Jan. 21 - Feb. 19
The Sun's journey across the career angle of your chart means you should focus on your work and not worry too much about what else might be going on in your life. Put ambition first for a while.

Pisces

Feb. 20 - March 20
Now that the financial pressure is beginning to ease, you may be tempted to spend a bit more money. That's fine but don't go over the top and get yourself into debt again. Keep that belt tight just a little bit longer. **SALLY BROMPTON**

A Few Teams Are in Here

Across

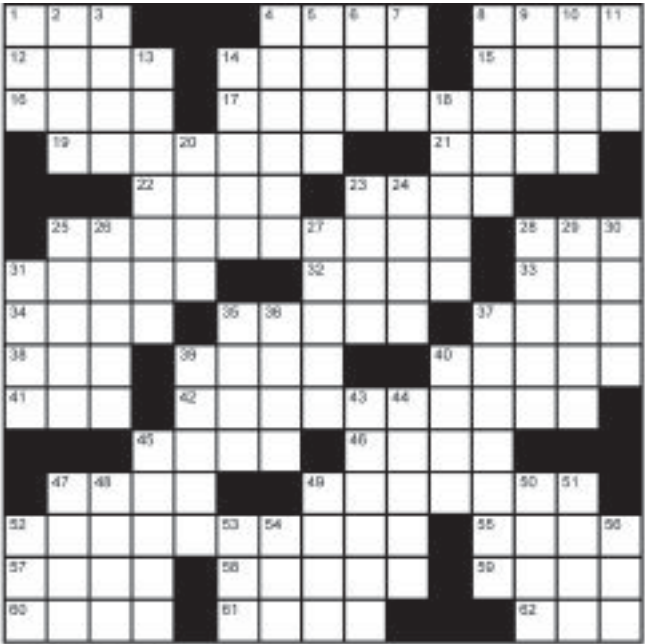
- Cable channel that broadcast *The Sopranos*
- "Quit it!"
- Lubricates
- Alero or Cutlass, in brief
- Mother of William and Harry
- Thought
- Slave away
- Put at risk
- The Gulf Islands are in BC's Strait of ____
- Stink
- Ancient France
- Animal den
- Calgary CFL team
- "I wandered lonely ____ cloud": start of Wordsworth's "Daffodils" (2 wds.)
- Vancouver CFL Team
- Like Bill Gates or Warren Buffet
- "My gal" of song
- Overnight stops
- Military bigwigs
- Boat
- Chess or checkers pieces
- Boast
- MTV audience
- Female sheep
- BC's wooded tropical region (2 wds.)
- Receives
- Regrets
- Revealed
- Northwest ____: Canadian sea route only recently open to regular marine shipping
- They handle our mail

(2 wds.)

- Armed conflicts
- Aardvark's meal
- Buenos ____, Argentina
- Audible exhalation
- Summer drinks
- Clairvoyant one
- Foot digit

Down

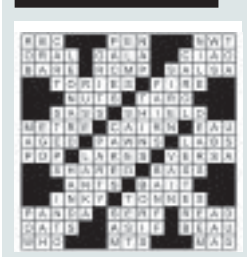
- Fresh off the grill
- Electronic journal
- Garfield* comic strip dog
- 28-Across's quotation, e.g.
- Spanish appetizer
- Zero, ____, two, ...
- ____ for the course
- Edmonton NHL team member
- Not doing anything
- Chive relative that's the Welsh emblem
- Unhappy
- Campaign poster inscriptions
- Unearth (2 wds.)
- From the Emerald Isle
- Bashes into
- What visitors to Hawaii often receive
- Rainbow shapes
- Muscular strength
- 1,000 kilograms
- Chosen at random, as one's lottery ticket
- Barbecue residue
- Blessed one
- European mountains
- Green citrus fruit



- Spoiled kid
- Kings: Fr.
- Teeter-totters
- Belief system
- Very: Fr.
- The longest river in BC, it has its mouth at Vancouver
- Boots from office
- Greenskeepers cut it
- Toronto group that backed Bob Dylan as The

- Hawks; with "The"
- Put chips into a poker pot prior to receiving cards
- Skin opening
- A horse's canter or gallop
- Therefore
- Rescuers of stalled cars
- Small batteries
- "Easy as ____!"
- That girl

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

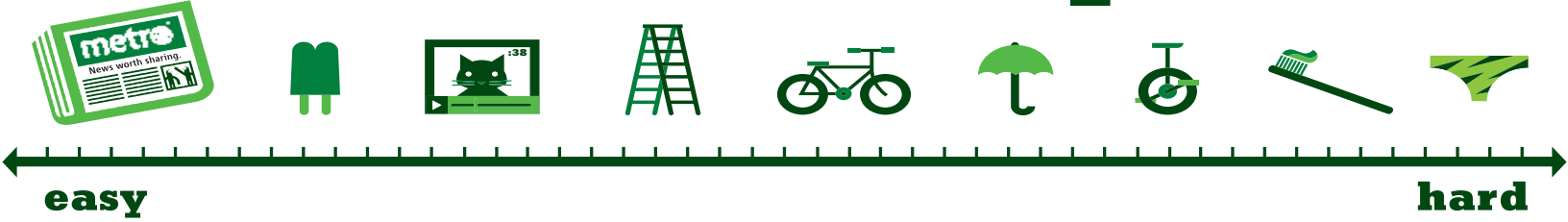
How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Sharability



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